

Sphere and Inclusion Workshops

SimEx, Portsmouth, UK

14 - 16 May 2019

Summary

This two-hour workshop was run six times in 48 hours by Tristan Hale (Sphere) and Gordon Rattray (CBM). It was run as part of the annual SimEx¹ event in Portsmouth, U.K., with the aim of introducing SimEx participants to the Sphere Handbook² and the Humanitarian inclusion standards for older people and people with disabilities³.

115 participants were reached during the six trainings, including NGO staff, academic staff, health and medical workers with an interest the humanitarian sector, university students on humanitarian degree programmes, and college students with career interests in civil protection and the military.

The workshop participants' roles within the simulation included NGO fieldworkers, Emergency Medical Team (EMT) staff, role-players (people affected by the simulated crises), and simulation staff (role-play management, evaluators, etc.)

Methodology

This workshop is designed to run with no projector or PowerPoint slides required. Participants use phones to run the HHoT app (Humanitarian Hands-On Tool) and respond to the post-event survey, but there are otherwise no technology requirements.

Time (mins)	Activity	Description
5	Safety and security briefing (safety first)	Inform participants of safety and security information/procedures in the training location
15	Introductions	Brief introduction to Sphere and the Sphere Handbook; and CBM and the Humanitarian Inclusion Standards. For smaller groups, participants could introduce themselves.
10	Objectives (hidden around room)	Participants physically look for and find the workshop objectives, which have been pre-prepared (sometimes in in difficult-to-read formats) and hidden around the room. They read these out, and facilitators explain how the exercise exemplifies the need to work together, and that objective are sometimes hard to reach. Participants are invited to state any other objectives they may have from the training.

¹ <http://simexseries.org>

² <https://www.spherestandards.org/handbook-2018/>

³ www.cbm.org/Humanitarian-Inclusion-Standards

Time (mins)	Activity	Description
20	'Bus stop' tour (key concepts and definitions)	In four groups, participants move round the room using post-it notes to answer four questions that have been pre-placed on the walls. As they move, they can use Benday dots to agree with statements made by previous group and can add new ideas. They have two minutes at each bus stop. Facilitators guide a brief discussion, giving model answers. The questions were: -Why have humanitarian standards? -What does disability/inclusion mean to you? -What does accountability mean to you? -What is inclusive humanitarian action?
20	Artistic exercise (Protection Principles)	Facilitator briefly defines "protection" in the humanitarian context, drawing attention to the Protection Principles. Depending on time, participants have opportunity to draw on flipcharts visual representation of how they interpret the principles. Brief facilitated discussion follows.
20	Gallery walk (Core Humanitarian Standard)	The nine CHS Commitments and corresponding Key Inclusion Standards (KIS) have been printed on A3 paper and stuck on a wall (outside). Participants are given time to read all of these, and place dots (three per person) on those that they would prioritise in the context of their role in the simulation or their role in real life. This is followed by a brief facilitated discussion, focusing on one or two standards/commitments that were the most selected. It is important to highlight how all are relevant in different ways/contexts/situations.
20	Assessment	The group is split into 2 or 4 teams. The objective is to assess the toilet facilities in the building, with half of the groups using the Sphere Handbook (WASH standard 3.2: Access to and use of toilets) and the other half using the Humanitarian Hands-On Tool (HHoT) app ⁴ (section on Latrines). Groups provide planetary feedback, with gaps filled by facilitators.
5	Quiz	Participants are asked pre-prepared questions related to Sphere and inclusion (working in pairs, with the winner from each pair surviving to the next round/question). Prizes are Sphere and Humanitarian Inclusion Standards handbooks.
5	Wrap up	Participants fill in an online feedback form, followed by distribution of flyers and links to further information.

If you would like to replicate this 2-hour session, or any of the activities within it, please write to learning@spherestandards.org and ask for the detailed activity guides.

⁴ <http://www.cbm.org/hhot>

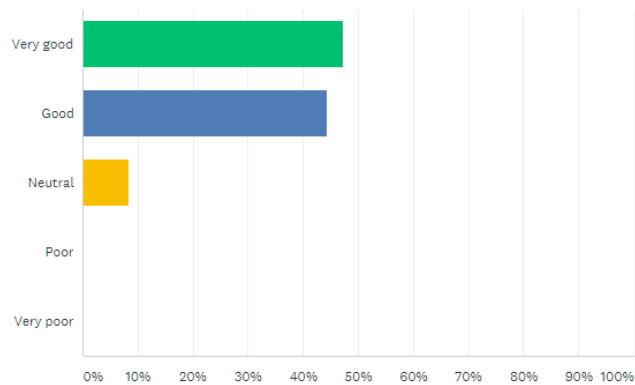
Feedback

36 participants (31%) responded to the anonymous post-event survey.

- 33 (92%) rated the event as good or very good:

Overall, how would you rate the event?

Answered: 36 Skipped: 0



- 33 (92%) agreed or strongly agreed that **the event was well-organised and ran smoothly.**
- 32 (89%) agreed or strongly agreed that **the content was informative and interesting.**
- 34 (94%) agreed or strongly agreed that **the facilitators were knowledgeable and engaging.**
- 29 (81%) agreed or strongly agreed that **the pace/speed of delivery was just right; neither too fast nor too slow.**

For each of the following topics, select the answer that best describes your increase in knowledge during the event.

Answered: 36 Skipped: 0

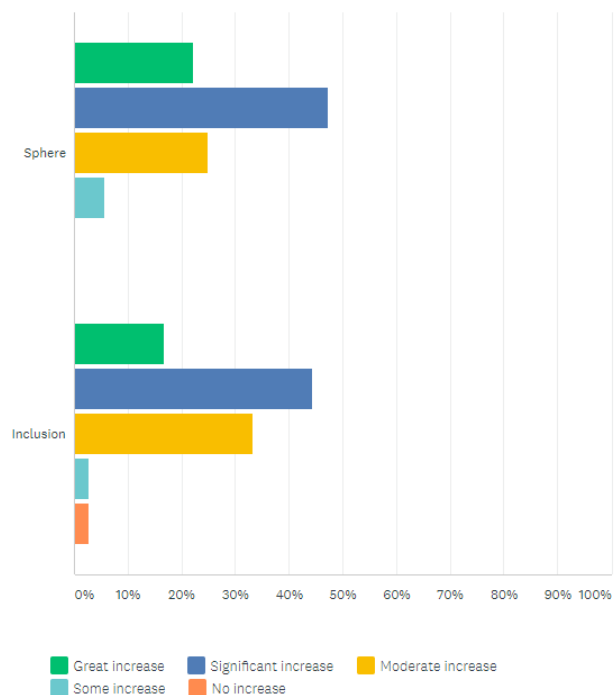
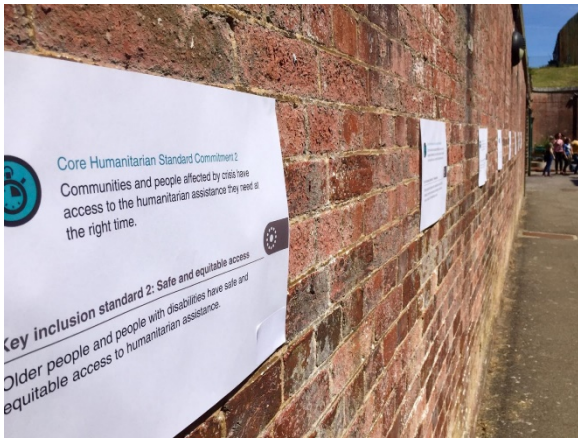


Photo Gallery



Photos: Tristan Hale and Gordon Rattray