**Health Session** A picture containing graphics, graphic design, font, logo

Description automatically generated

Objective:  Be able to understand the role of Health in the Sphere Handbook

Key messages:

* The general focus and goals of a humanitarian health response program are to control excess morbidity and mortality.
* This is done through both trauma care and a pro-active public health approach.
* The health standards cover a wide array of service types and specialties, largely in the realm of health professionals. However, the dependence on health outcomes from meeting the standards in WASH, Shelter and Food, are also critical in achieving health outcomes. Prevention is better than cure.
* Health assessments, including assessment of available services and quality, are key to good health response programming.

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| Theme | Time | Details | Approach and modality | Support materials |
| Health as outcome | 5 | Discuss the image – health as an outcome of good wash, food, shelter. | Discussion  Plenary | ppt |
| Morbidity and mortality | 5 | PPT – difference, importance of each  To reduce morbidity, understand context (C1) work across sectors (Like WASH6) | Discussion  Plenary | ppt |
| Health systems | 5 | Understand context, build on if possible.  Link to CHS c3 |  |  |
| Essential Healthcare | 15 | What it means (show them intro texts – for all chapters!)  For each slide make link to tech chapters and CHS and dignity  Open one standard (CHOOSE WHICH) to show that each theme is quite short. Truly essential only. Gateway to more guidance | Instructions Discussions  Plenary | ppt |
| Exercise | 30 | Do exercise as in Sphere training pack. | Instructions  Exercice (individual and groups of 3 or 4)  Discussion |  |
| Recap key messages | 5 |  | Evaluation |  |